

Fruits are Fantastic!

Red fruits
keep your
heart strong!



Strawberry



Cherries



Watermelon



Apple



Raspberries

Orange &
yellow fruits
help heal
cuts.



Orange



Pineapple



Banana



Mango



Peach

Green fruits
help you
from getting
sick.



Kiwi



Pear



Honeydew
melon



Avocado



Grapes

Blue &
purple fruits
boost the
memory.



Blueberries



Grapes



Plums



Figs



Blackberries